

# HUNGER ACTION MONTH™



TOGETHER, WE CAN SOLVE HUNGER™

## SEPTEMBER IS HUNGER ACTION MONTH™

- **WHAT:** Hunger Action Month (September) is a nationwide campaign to mobilize the public to take action on the issue of hunger. Organized by Feeding America®, the campaign brings greater attention to the issue of hunger in America and promotes ways for individuals everywhere to get involved with the movement to solve it. Hunger Action Day™, which is the first Thursday in September (this year it will be Thursday, September 4<sup>th</sup>), is a day where nationwide efforts are focused for greater impact.
- **WHO:** Feeding America is a nationwide network of food banks and the largest domestic hunger-relief organization. Inspired by passionate food bank leaders, what began in 2002 as Hunger Action Day grew into a nationwide awareness campaign for the entire month of September in 2008. This year will be the 7<sup>th</sup> annual Hunger Action Month organized by the Feeding America network and supporters nationwide.
- **WHY:** Hunger exists in every county in the country, affecting 49 million Americans including 16 million children. Hunger is a solvable issue and Feeding America is leading the fight to end it.
- **HOW:** You can help by mobilizing your community through any of the actions below. As individuals, charities, businesses and government, we all have a role to play in getting food to our neighbors in need.

## TAKE ACTION TO HELP SOLVE HUNGER

### Take Action Online:

- **TURN ORANGE FOR HUNGER RELIEF™** by making your Facebook and Twitter profiles orange on Hunger Action Day, Thursday, September 4<sup>th</sup>.
- **DONATE** your status and share your local hunger statistics on Facebook and Twitter.
- **LIKE & FOLLOW** Feeding America and your local food bank on social media. (Links below)
- **PLEDGE** your support for the more than 1 in 5 kids in the United States who face hunger by signing Feeding America's *Feeding a Strong Future* pledge.
- **INVITE** your Member of Congress to visit a child feeding program of your local food bank. Congressional visits shine a spotlight on the role food banks play in solving child hunger.

### Take Action In Your Community:

- **TURN ORANGE FOR HUNGER RELIEF™** by wearing orange on Hunger Action Day. Share a pic of your orange style socially with us at [www.facebook.com/SHFBMV](http://www.facebook.com/SHFBMV) and use the hashtag #HungerAction.
- **VOLUNTEER** at Second Harvest Food Bank of the Mahoning Valley and be part of the hunger-relief solution. Share a pic of your volunteer experience with us at [www.facebook.com/SHFBMV](http://www.facebook.com/SHFBMV) and use the hashtag #HungerAction.

## ABOUT FEEDING AMERICA

Feeding America is a nationwide network of more than 200 food banks that leads the fight against hunger in the United States. Together, we provide food to more than 37 million people through 61,000 food pantries, soup kitchens, and shelters in communities throughout America. Feeding America also supports programs that improve food security among the people we serve; educates the public about the problem of hunger; and advocates for legislation that protects people from going hungry. Individuals, charities, businesses and government all have a role in ending hunger. Donate. Volunteer. Advocate. Educate. Together we can solve hunger. Visit <http://www.feedingamerica.org/>. Find us on Facebook at [www.facebook.com/FeedingAmerica](http://www.facebook.com/FeedingAmerica) or follow us on Twitter at [www.twitter.com/FeedingAmerica](http://www.twitter.com/FeedingAmerica).

Get started and learn more about Hunger Action Month and Hunger Action Day at:  
[FeedingAmerica.org/HungerActionMonth](http://FeedingAmerica.org/HungerActionMonth)