

HUNGER ACTION MONTH™



#HungerActionMonth

September 2015

#Spoonember

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Post this calendar on the office fridge 	2 Conduct a food drive at your business or school 	3 Hunger Action Day! Wear ORANGE to spread awareness about hunger!	4 Join us at the Canfield Fair Livestock Auction	5 Visit the 21WFMJ tent at the Canfield Fair for info about the work of the Food Bank
6 Coordinate a group of friends or co-workers to volunteer at the food bank	7 Labor Day! Every Monday Matters with The Scrappers! Bring cans of food to donate at the game	8 Like us on facebook.com/SHFBMV	9 Visit FeedingAmerica.org to learn more about hunger in America	10 Donate milk! www.milklife.com/give	11 Request the food bank newsletter to keep in touch 	12 Fill a grocery bag with boxes of mac n' cheese to donate to a food drive
13 Grandparents Day! Send a donation to the Food Bank in their honor	14 Make coffee at home for a week and donate the savings to the Food Bank	15 Organize a Tuna Tuesday food drive 	16 Send us a picture of how your business, school, or organization turned ORANGE!	17 Visit our website to make a donation online 	18 Call 211 to find out where your nearest food pantry is located and how you can help	19 Collect and donate 30 jars of peanut butter from your neighbors
20 Start a change jar for funds to donate to the Food Bank 	21 Take a tour of the Food Bank	22 Google <i>Map the Meal Gap</i> to view hunger statistics for your county	23 Organize a brown bag lunch with coworkers and donate your lunch money to the food bank	24 Volunteer to serve meals at a soup kitchen	25 Talk to your local elected officials about hunger in your community 	26 Collect and donate 30 food items
27 Search for Feeding America on YouTube and share their videos with your friends	28 Ask if your employer will match employee donations to the Food Bank 	29 Post or tweet: 1 in 4 children in the Mahoning Valley are at risk for hunger 	30 Start planning your holiday food drive			

Learn more about **hunger** in the Mahoning Valley and what you can do at

www.mahoningvalleysecondharvest.org

Or call us at 330-792-5522!



Second Harvest Food Bank
of the Mahoning Valley

