

Second Helpings

A PUBLICATION OF SECOND HARVEST FOOD BANK

Upcoming Events

Mark your calendar for the first Second Harvest Food Bank Golf Outing June 6, 2023. Foursomes and sponsorships are available.

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East Palestine Update

Second Harvest Food Bank has partnered with many local agencies to assist and support the residents of East Palestine.

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Immaculate Heart Pantry

Immaculate Heart of Mary Church has a pantry in Austintown, providing vital assistance to more than 200 residents every month.

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BOARD OF DIRECTORS

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OUR MISSION

Second Harvest Food Bank of the Mahoning Valley's mission is to solicit, store and distribute food to hunger-relief organizations feeding people in Columbiana, Mahoning and Trumbull counties; and to provide education and advocacy.

OUR VISION

Second Harvest Food Bank of the Mahoning Valley believes that no one should go hungry and is dedicated to building a community that makes food accessible to all people.

CHARITY RATING

The Food Bank holds a 4-star rating from Charity Navigator, America's largest and most-utilized independent evaluator of charities. A 4-star rating is Charity Navigator's highest rating.



This edition covers the time period of January through March 2023.



I am truly fortunate to work for and represent an organization with a mission that I believe in, which has the respect of the community and its donors. While I would like to hope we can solve hunger, the reality is there will always be hungry people in need of our support. Second Harvest Food Bank strives to be good stewards of your donations by rescuing salvageable food, seeking the best price on items we must purchase and applying for grants to help fund not only food, but our trucks and infrastructure.

The Mahoning Valley is a very special community that stands together to help each other especially during the hard times, opening your hearts and wallets. The compassion and generosity shown to our friends and neighbors in East Palestine has been nothing short of amazing.

As you look through the pages of this newsletter, you will see evidence of the outpouring of support we receive. Page 7 will show a recap of what the Food Bank accomplished in 2022 because of you. One of our pantries, Immaculate Heart of Mary, in Austintown is featured on page 5. We are very fortunate to have so many individuals, groups and businesses here in the Mahoning Valley and across the U.S. come together to provide water, milk and other donations to assist the



residents of East Palestine and the surrounding areas affected by the train derailment. Many of those donations are featured on page 4. Please note our upcoming events listed on page 3.

Once again, we thank you for your generosity each and every day as we work together to help our friends and neighbors. Your food or monetary donations, support of our events and campaigns and kind words are appreciated so very much.

Sincerely,

Michael Iberis

Executive Director

WAYS TO DONATE

Make a safe, secure monetary donation to help feed hungry families in our community by visiting mahoningvalleysecondharvest.org or scanning the QR code at right with your smart phone camera.

Make a food donation. The food bank is always in need of peanut butter, cereal, tuna fish, canned fruit and vegetables, dry pasta and more.



It is the policy of Second Harvest Food Bank to maintain the highest level of confidentiality with respect to donor information. We will not share donor names, addresses or fund-related financial information with organizations outside of the Food Bank. From time to time, donor names may be listed in Food Bank publications, but only after written notification is provided. In all cases, donors are given the option of remaining anonymous.

Upcoming Events



FIRST ANNUAL GOLF OUTING

We're excited to announce the first annual Second Harvest Golf Outing. We invite you to and seek your support for our upcoming Swing For Charity Golf Outing, an 18-hole golf scramble, benefiting Second Harvest Food Bank of Mahoning Valley. The event will be held Tuesday, June 6, 2023 at Youngstown Country Club. While we encourage you to join us for a day of golf, we also ask that you consider sponsorship of the event. Your support will directly benefit those in need in Columbiana, Mahoning and Trumbull counties. For every \$1 raised, we can distribute \$10 worth of food or enough for five meals.

Golf Package

Includes four-person, 18-hole scramble and cart, entry to hole prizes, lunch before round, dinner, on-course refreshments, raffle, auction and awards - \$800 per foursome.

Become a Sponsor

Both individual and company sponsorships are available at varying levels, including hole sponsors, plus platinum, gold and lunch sponsorships.

We hope to see you at this year's event and thank you for your consideration and continued support. If you have questions, would like to register your group or secure a sponsorship, please call Renee Fuller at 330.792.5522.

CHRISTMAS IN JULY WITH THE YOUNGSTOWN AREA COMMUNITY CONCERT BAND & FRIENDS

As a continuation of the very successful "Holiday Concert Of Giving," which features the Youngstown Area Community Concert Band (YACCB), the YACCB wants to help the people of the Mahoning Valley and the Second Harvest Food Bank with a Christmas in July celebration.

Held on Sunday, July 23, 2023 at 4pm in Boardman Park, celebrate Christmas in July with The YACCB and Friends, concluding with the Canfield Community Band. The music by the YACCB will feature a variety of movie scores, with a concentration of music by John Williams. This event will benefit the Second Harvest Food Bank and cost of admission is a donation of nonperishable items. For additional information, please visit yaccb.org.

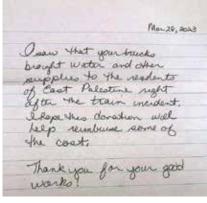




East Palestine Update

THANK YOU FOR YOUR GENEROSITY

Second Harvest Food Bank is grateful for the outpouring of compassion and kindness given to us as we continue to support the residents of East Palestine. The train derailment that occurred the evening of Friday, February 3, 2023 created a long-term, chronic need for assistance. It also evolved into something much larger. People and communities not only in the Mahoning Valley, but across the country continue to come together to offer help. As one donor from Colorado stated and wanted to share with East Palestine residents... "You are not alone."



It's communication like this from our supporters that energize us to do what we do every day.







The tri-county area has truly come together in the wake of the East Palestine situation. The list of those who provided the much-needed and appreciated support to the residents and workers is long and unending. The unfortunate situation and its lasting effects will stay with the community, its residents and local businesses for a long time to come and the help and compassion given will not be forgotten. This is just a sampling of the generosity:

Water Donations

- The Ohio Association of Food Banks & Ohio Food Banks
- Giant Eagle
- Pepsi
- FOXCONN
- Molson Coors
- Columbus Firefighters Foundation
- Maximum Impact Love, Georgia
- Austintown Elementary School PTA

Donations

- Milk from Superior Dairy
- Shelf-stable milk from Diversified
- Buckets full of cleaning supplies from T&M Hardware and funded by Huntington Bank
- Use of parking lot for distribution from T&M Hardware
- Truckload of cereal, peanut butter and canned chicken from CareSource

Monetary Donations

- GiveSendGo Charities, New Hampshire, \$10,000
- Jeffie's Choice, Maryland, \$2,500
- Land O' Lakes, Minnesota, \$3,000
- World Harvest Church, Columbus, OH, \$5,000
- Columbus Firefighters Foundation, \$2,630

We would also like to recognize our pantries located in East Palestine and the surrounding area for their hard work and dedication to the residents of East Palestine:

- · Caring Hands Pantry at the First Church of Christ
- East Palestine Nazarene Church
- The Salvation Army
- The Way Station

Fighting Hunger with Heart

IMMACULATE HEART OF MARY CHURCH PANTRY

We're proud to work with the Immaculate Heart of Mary Church Pantry in Austintown, a vital source of assistance for



those in need. Every fourth Friday of the month, 70 dedicated volunteers work tirelessly to distribute food from the former school cafeteria, creating a warm and welcoming environment for visitors.



Pat Wolf leads the pantry with a kind heart, sending call reminders each month to the current food pantry visitors about the upcoming distribution. Thanks to Pat and the volunteers' hard work, the pantry serves over 200 residents every month, with that number continuously increasing. The pantry sees 20 to 30 new visitors each month, 40% of which are senior citizens caring for their grandchildren. This highlights the growing need in the community.

One volunteer, Gerald, a disabled Marine veteran, embodies the pantry's spirit by volunteering at every food distribution, while also being a food recipient himself. He knows firsthand the struggles of putting food on the table for his family and grandchildren. When asked what message he'd like people to know about coming to a food pantry, Gerald replied, "The embarrassment is not to come to help your family. The food is here to help you."



The food bank believes that no one should go hungry, and it's inspiring to see organizations like the Immaculate Heart of Mary Church Pantry fighting tirelessly to make a difference. They encourage everyone to support in any way possible, whether that's volunteering, making a donation or spreading the word about their incredible work.



We're grateful to partner with this wonderful organization and we look forward to continuing our fight against hunger together.

Thank You

TO OUR DONORS

FOOD DONATIONS

In 2022, we distributed over 9.5 million pounds of food, 2.8 million pounds of that was fresh produce. This equals over 7.9 million meals.

The Food Bank extends our sincerest thanks to the many grocers, food manufacturers, retailers, wholesalers and brokers in Columbiana, Mahoning and Trumbull counties who donate food to the Food Bank.

Your donations are a lifeline to many who need emergency food assistance. Know that your efforts are appreciated and are truly making a difference to all of those without enough food to eat.

FOOD & FUNDS DRIVES HIGHLIGHTS

There has been an outpouring of support from all over our community over the last few months by people in Columbiana, Mahoning and Trumbull counties helping us feed hungry families. We are grateful and humbly acknowledge their generosity.

Amazon Logistics employees donated 1,188 pounds of food.

Austintown Fitch ROTC donated 71 pounds of food.

Boardman Nissan collected 374 pounds of food.

Canfield High School NHS students, Cameron Burnett and Ryan Schneider, collected 817 pounds of food at a basketball game.

Canfield Presbyterian Church members donated \$236 and 249 pounds of food.

Christ Lutheran Church in Struthers collected \$170 and 72 pounds of food.

Coney's in Boardman collected \$500 and 28 pounds of food during their free hot dog promo.

Henry Schein locations donated 124 pounds of food through You Give Goods.

HMS Manufacturing employees donated 84 pounds of food.

Huntington Bank's employee food drive resulted in 202 pounds collected.

Mahoning County Medical Society Alliance members collected 123 pounds of peanut butter and donated \$10 from their Basket Stroll Fundraiser.

Montessori School of the Mahoning Valley students in the upper elementary class collected 100 cans for the 100th day of school weighing 146 pounds.















THOSE WHO RECEIVED FOOD ASSISTANCE IN 2022







Novelis employees participated in a Hunger Games competition and collected \$225 and 1,986 pounds of food.

Out-Spokin' Wheelmen members donated \$45 and 220 pounds of food.

Pizza Joe's locations collected 352 pounds of food during their Pumpkin Spice Cinna-Stix promotion.

Warren Kiwanis Club's Annual Turkey Trot raised \$1,200.

Walgreen's Fall Harvest for Hunger register campaign resulted in \$1,765.46.

XPO Logistics collected 627 pounds of food.

Youngstown Clothing Co.'s Yonation Jar collaboration with **Whitehouse Fruit Farm** provided 18,545 meals.

GRANTS

Citizen's Bank

\$5,000 for Food

CVS Health

\$30,000 Disaster Relief for East Palestine

Enterprise Rent-A-Car and Anonymous

\$150,000 over three years for Senior Hunger

Feeding America

\$25,000 Disaster Relief for East Palestine



Endowment Fund

CONSIDER PARTNERSHIP WITH SECOND HARVEST

The Second Harvest Food Bank of the Mahoning Valley Endowment Fund was established to provide for the growth of principal and the generation of future income to benefit our mission at Second Harvest. We invite you to become an endowment donor.

Charitable planned giving can provide many options with significant tax benefits to you, as the donor, while benefiting Second Harvest. Gifts to the endowment can be made by donations of cash, marketable securities, real estate or life insurance. Donations can be structured in many ways:

Lifetime Gifts of Stock or Cash - A current gift may be advantageous under the new income tax rules.

Bequests - Name Second Harvest Food Bank in your will or trust.

Income-Producing Plans – Set up a charitable gift annuity or charitable remainder trust to receive income for your lifetime with the remainder to Second Harvest Food Bank.

Charitable Lead Trusts - Support the Food Bank now and still leave assets to your heirs.

Life Insurance - Second Harvest Food Bank can be named as beneficiary or owner of your life insurance policy to make a substantial gift.

Second Harvest and its charitable agent, Farmers Trust Company, can work with you to include Second Harvest Food Bank in your estate plan. Please call Michael Iberis at 330.792.5522 or Debbi Grinstein of Farmers Trust Company at 330.740.1214 for more information or if you would like to discuss the endowment. All information is confidential.





WHERE THE FOOD COMES FROM

- Growers
- Manufacturers
- Community Food Drives
- Distributors
- Retailers



SECOND HARVEST FOOD BANK

Storehouse of food for our friends and neighbors facing hunger.



FOOD IS DISTRIBUTED

- Food Pantries
- Meal Sites
- Homeless Shelters
- Senior Programs
- Youth Programs
- Residential Programs



HUNGRY FRIENDS & NEIGHBORS

- Families with Low Incomes
- Elderly
- Homeless
- Victims of Domestic Violence
- Children
- People with Disabilities
- Veterans

Call the Food Bank at 330.792.5522, or visit our website at mahoningvalleysecondharvest.org for additional information.

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MAKE A DIFFERENCE

Help feed hungry people in Columbiana, Mahoning and Trumbull counties.

- **conduct a food drive** at your office, place of worship, school or neighborhood
- support food drives & fundraisers call us or visit our website for information



- make a monetary donation at mahoningvalleysecondharvest.org or use the envelope attached
- volunteer call Penny for more information 330.792.5522 ext. 102