



Second Helpings

A PUBLICATION OF SECOND HARVEST FOOD BANK

First Annual Golf Outing

Our very first Swing Fore Charity Golf Outing was held on June 6. Over 40 volunteers and 88 golfers came out to enjoy a great day of charity, golf, sunshine, food and lots of fun.

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Cortland Area Cares

Cortland Area Cares Pantry has 30 volunteers and serves over 235 families in need each month. They also provide 50 to 60 CSFP (Commodity Supplemental Food Program) boxes.

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Second Harvest Stars

At Second Harvest, we're very lucky to have so many amazing volunteers and workers who contribute to help those in need. We're spotlighting three.

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Morgan Stanley



BOARD OF DIRECTORS

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The PNC Financial Services Group

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Giant Eagle

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Sparkle Markets

Lisa Taddei
FirstEnergy

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Dunkin' Franchises

Sidney Wylie
Community Representative

OUR MISSION

Second Harvest Food Bank of the Mahoning Valley's mission is to solicit, store and distribute food to hunger-relief organizations feeding people in Columbiana, Mahoning and Trumbull counties; and to provide education and advocacy.

OUR VISION

Second Harvest Food Bank of the Mahoning Valley believes that no one should go hungry and is dedicated to building a community that makes food accessible to all people.

CHARITY RATING

The Food Bank holds a 4-star rating from Charity Navigator, America's largest and most-utilized independent evaluator of charities. A 4-star rating is Charity Navigator's highest rating.



This edition covers the time period of April through June 2023.



Second Harvest Food Bank

of the Mahoning Valley



Summer has arrived and many of us are happy to see it come. Sadly, there are some families with children that may not enjoy summer as much as others. School-aged children are excited to begin their summer break, but some parents and guardians are beginning to worry about how they will provide the extra meals. Our hope at Second Harvest Food Bank is that we can help to bridge that gap and all can experience summer the way it should be for everyone.

In this newsletter, you will read about many interesting people. One of our pantries, Cortland Area Cares, located in Trumbull County, is featured on page 4. A new feature about our volunteers can be found on page 5. Our Harvest for Hunger campaign has come to an end and you can see more details and pictures on page 6. Please note our upcoming events listed on page 3.

I am proud to do this work and to live in a community that constantly inspires me. I am fortunate to work alongside an incredible board of directors, staff and volunteers at the food bank. Our supporters continually rise to the challenge of donating their time, their food and their funds to help our friends and neighbors needing a helping hand. Thank you for your compassion and generosity, it makes a difference.

Sincerely,

Michael Iberis
Executive Director

WAYS TO DONATE

Make a safe, secure monetary donation to help feed hungry families in our community by visiting **mahoningvalleysecondharvest.org** or scanning the QR code at right with your smart phone camera.

Make a food donation. The food bank is always in need of peanut butter, cereal, tuna fish, canned fruit and vegetables, dry pasta and more.



It is the policy of Second Harvest Food Bank to maintain the highest level of confidentiality with respect to donor information. We will not share donor names, addresses or fund-related financial information with organizations outside of the Food Bank. From time to time, donor names may be listed in Food Bank publications, but only after written notification is provided. In all cases, donors are given the option of remaining anonymous.



Swing Fore Charity Success

The sun was shining and it was a beautiful day of golf, friendship and charity at our very first Swing Fore Charity Golf Outing that was held on June 6. Eighty-eight golfers came out to hit the links in support of Second Harvest Food Bank. Golfers enjoyed 18 holes, lunch, dinner, raffles and a day of fun!

A very special thank you to the chairmen of the event, board members Jeff Mitchell, Bob Krohn and Tony Modarelli. They worked tirelessly to secure golfers and sponsorships, put together an amazing silent auction and raffle and planned a wonderful event. Over 40 volunteers helped with registration, cooked a delicious lunch and worked the holes. Griffith Insurance and Rob Fellman's Boardman Subaru were very generous in donating the two hole-in-one prizes.

Thank you to all our golfers and volunteers who came together for a great day and we look forward to holding the event next year.



CHRISTMAS IN JULY WITH THE YOUNGSTOWN AREA COMMUNITY CONCERT BAND & FRIENDS

As a continuation of the very successful "Holiday Concert Of Giving," which features the Youngstown Area Community Concert Band (YACCB), the YACCB wants to help the people of the Mahoning Valley and the Second Harvest Food Bank with a Christmas in July celebration. On Sunday, July 23, 2023 at 4pm in Boardman Park, celebrate Christmas in July with The YACCB and Friends, concluding with the Canfield Community Band. The music by the YACCB will feature a variety of movie scores, with a concentration of music by John Williams. This event will benefit the Second Harvest Food Bank and cost of admission is a donation of nonperishable items. For additional information, please visit yaccb.org.

AUTUMN SPLENDOR PLANT-BASED DINNER

Eastwood Mall Event Centre | October 26, 2023

As Second Harvest Food Bank is learning more about "food as medicine," we'd like to invite you to join us for this special event at the Eastwood Event Centre. Experience whole foods and their endless benefits. Tickets are available at autumnsplendor23.eventbrite.com.





Cortland Area Cares

FOOD PANTRY

Donna Kittle is the driving force behind the Cortland Area Cares Food Pantry in Trumbull County. She took over the lead role from Harry and Debbie King about ten years ago when they retired. Donna said she “prayed for something meaningful to do when her kids left” and she certainly has found it. On the last Wednesday of each month, Donna and her 30 volunteers serve 235 families in the Cortland area.

This pantry also provides between 50 to 60 Commodity Supplemental Food Program (CSFP) boxes. The food in the box is a good source of nutrients often lacking in senior citizens’ diets. CSFP is a federally funded program designed to improve the health of senior citizens age 60+ and whose household income is 130% or less of the federal poverty guidelines by providing a supplemental box of food.

One of the visitors to the pantry, Nancy, is also a recipient of a CSFP box. She had previously worked 12 to 14 hours per day at her job until health issues caused her to resign. She shares what she can with her neighbors, including her homemade pizzas. When asked about the importance of Donna and this pantry, Nancy replied, “I don’t know what I would do without them.”

Many of the visitors to the Cortland Area Cares Food Pantry will line up even before Donna and the volunteers arrive for the monthly distribution. One young man, Frank, an upcoming junior at Lakeview High School, volunteers during the summer months. He comes with his grandfather, Ed, because “it’s fun to do this.” Frank has enjoyed helping people at this pantry since he was in sixth grade. When Donna was asked what she is most proud of, she replied, “Everyone says our volunteers make them feel welcome.” Donna “can’t imagine not doing this” and if you ever get an opportunity to meet her, you’ll quickly know why.



Second Harvest Stars

ASSOCIATE AND VOLUNTEER SPOTLIGHT

GEORGE MARTIN

Born and raised in Youngstown, George has always been a family man, raising his two children. He worked at UPS for 30 years before retiring, but wasn't quite ready to quit working.

George joined Second Harvest Food Bank in October of 2017 where he prepared orders for two years. In 2019, he became a re-pack coordinator where he has been ever since. He currently manages a diverse group of over 100 volunteers weekly to accomplish a variety of tasks and helps to provide a fulfilling environment for volunteers. George enjoys photography and even photographed Second Harvest's Taste of the Valley Event in 2022.



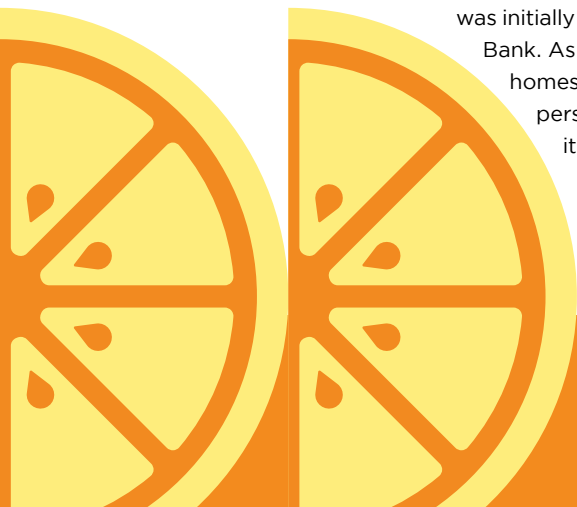
ROSEMARY KUBLI

Rosemary has resided in Mahoning County for most of her life, graduating from Ursuline High School. She spent the majority of her career in the small business loan underwriting department of Huntington Bank, retiring after 21 years. Rosemary is a proud mother of two and will be celebrating her 45th anniversary this fall. After retirement, she penned her debut novel, *Gullible*, available through Amazon and retailers.

Rosemary loves that she can help make someone's life just a little better by volunteering. Not only has this allowed her to help others in the community, but has helped her make a lot of new friends along the way.

MATT HYNES

Matt has held many jobs throughout his life, including jobs in restaurants and warehouses and served as a client aide where he was initially introduced to Second Harvest Food Bank. As a volunteer, he packs for the group homes at Gateway. Although he doesn't personally know the people he's helping, it just feels "right." In his spare time, he likes to take walks, cross-stitch and golf.



Many Thanks

TO ALL OF THESE SECOND HARVEST SUPPORTERS!

FOOD & FUNDS DRIVES

With gratitude, we thank those who contribute to help us feed hungry families in Columbiana, Mahoning and Trumbull counties.

Akron Children's Hospital Department of Public Safety officers collected 308 pounds of food.

Austintown Fitch High School Interact Club collected 2,744 pounds of food during this year's Harvest for Hunger Food Drive.

Belmont Pines Hospital staff donated 148 pounds of food and non-food items.

Cleveland Clinic Canfield Orthopaedics & Rehabilitation employees collected \$66 and 230 pounds of food.

Our local **Giant Eagle** stores collected a total of \$167,420.17 and local **GetGo** stores collected \$22,365.04 during Harvest for Hunger.

The Great Trail Council, Boy Scouts of America collected 1,723 pounds of food and \$5.

Local **Home Depot** stores donated water, cleaning products, paper towels and air purifiers to distribute to the East Palestine residents.

Liberty PK - 6 Student Council collected 354 pounds of food during their Harvest for Hunger food drive.

Maddox Collins donated \$1,000 to the Prospect School Pantry in Girard from part of the proceeds raised by his Beads to Play Baseball fundraiser.

Mahoning County Medical Society Alliance donated a total of \$5,010 and 123 pounds of peanut butter from their annual Basket Stroll event in March.



Cleveland Clinic Canfield Orthopaedics & Rehabilitation



Elizabeth, Carol, Jen and Kathy Mahoning County Medical Society Alliance

Mahoning Valley Scrappers Every Sunday Matters resulted in 128 pounds of food June 4th.

MASCO (Mahoning County Adult Services Company) Workshop collected 138 pounds of food and \$20.

Mediate Financial collected a total of 563 pounds of food during Harvest for Hunger.

NALC (National Association of Letter Carriers) Branch 385 in Austintown collected a total of 3,702 pounds of food on their routes during Stamp Out Hunger on May 13th.

Polish Falcons of America donated 100 pounds of food.

Rob Fellman's Boardman Subaru donated \$20,000 as part of their Share the Love Event earlier this year.



Mediate Financial



Rob Fellman's Boardman Subaru



Max Collins

Trumbull Industries employees donated \$1,700 during their Harvest for Hunger Funds Drive.

XPO Logistics employees collected 627 pounds of food.

VOLUNTEER GROUPS

We are thankful for all our volunteers who are such an essential component of our operation. Without their dedication, time and effort, much of what the Food Bank is able to do wouldn't be possible.

Dunkin' made nearly 2,000 bags of grapefruit and 5 pallets of mixed food products.

ONA (Ohio Nurses Association) donated \$1,000 and made boxes of meat and cheese for one of our Saturday distributions to East Palestine.

Trumbull Retired Teachers made nearly 150 boxes of mixed food items for a Saturday distribution in East Palestine.

Morgan Stanley staff made 175 CSFP boxes and 72 Mobile Pantry boxes during their volunteer shifts.

GRANTS

Arby's Foundation/Inspire Brands
\$10,650 for school pantries

HomeGoods/TJX Foundation
\$10,000 for mobile pantry

Sheetz for the Kidz
\$11,000 for school pantries

Trumbull County Commissioners
\$370,000 for food distributions in Trumbull County

Trumbull County United Way
\$2,500 one-time funding for breakroom/kitchen Improvements

CSX Transportation
\$10,000 for East Palestine Support



Home Depot Air Purifiers



Ohio Nurses Association



Trumbull Retired Teachers



Morgan Stanley



Dunkin'

IN-KIND CONTRIBUTORS

Thank you to the companies that contribute in-kind services. Your efforts are truly appreciated and are making a difference to those without enough food to eat.

**9 million
meals**

**WERE PROVIDED TO THOSE
IN NEED IN THE TRI-COUNTY
AREA BY THE FOOD BANK
LAST YEAR ALONE.**



WHERE THE FOOD COMES FROM

- Growers
- Manufacturers
- Community Food Drives
- Distributors
- Retailers



SECOND HARVEST FOOD BANK

Storehouse of food for our friends and neighbors facing hunger.



FOOD IS DISTRIBUTED

- Food Pantries
- Meal Sites
- Homeless Shelters
- Senior Programs
- Youth Programs
- Residential Programs



FRIENDS & NEIGHBORS FACING HUNGER

- Families with Low Incomes
- Elderly
- Homeless
- Victims of Domestic Violence
- Children
- People with Disabilities
- Veterans

Call the Food Bank at 330.792.5522, or visit our website at mahoningvalleysecondharvest.org for additional information.

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Second Harvest Food Bank

of the Mahoning Valley



2805 Salt Springs Rd.
Youngstown, OH 44509

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YOUNGSTOWN, OH

Consider Partnership

THROUGH OUR ENDOWMENT FUND

The Second Harvest Food Bank of the Mahoning Valley Endowment Fund was established to provide for the growth of principal and the generation of future income to benefit our mission at Second Harvest. Gifts to the endowment can be made by donations of cash, marketable securities, real estate or life insurance. Donations can be structured in many ways:

Lifetime gifts of stock or cash – A current gift may be advantageous under the new income tax rules.

Bequests – Name Second Harvest Food Bank in your will or trust.

Income-Producing Plans – Set up a charitable gift annuity or charitable remainder trust to receive income for your lifetime with the remainder to Second Harvest Food Bank.

Charitable Lead Trusts – Support the Food Bank now and still leave assets to your heirs.

Life Insurance – Second Harvest Food Bank can be named as beneficiary or owner of your life insurance policy to make a substantial gift.

Second Harvest and its charitable agent, Farmers Trust Company, can work with you to include Second Harvest Food Bank in your estate plan. Call Michael Iberis at 330.792.5522 or Debbi Grinstein of Farmers Trust Company at 330.740.1214 for more information. All information is confidential.

MATCHING GIFTS

Does your company offer matching gifts to employees who make non-profit donations? Ask and help support Second Harvest together, while making twice the impact. Do you own a company and want to encourage your employees to support the Food Bank? Matching Gifts is a simple solution with big impact.



ITEMS THE FOOD BANK IS ALWAYS IN NEED OF

Peanut butter • Cereal • Tuna fish • Canned vegetables • Canned fruit • Dry pasta