



Second Helpings

A PUBLICATION OF SECOND HARVEST FOOD BANK

2023 Statistics

2023 was a very busy year at Second Harvest Food Bank! We distributed over 10.5 million pounds of food to those in need in the area!

page 03

Cereal Packaging

Second Harvest received a donation of over 10,000 pounds of Corn Flakes. Thanks to all our volunteer groups who helped package it for distribution.

page 05

Second Annual Golf Outing

Our Swing Fore Charity Golf Outing is back for its second year! Mark your calendars for June 4, 2024 and secure your foursome.

page 06



Geotechnical Consultants



State Farm



BOARD OF DIRECTORS

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Community Representative

OUR MISSION

Second Harvest Food Bank of the Mahoning Valley's mission is to solicit, store and distribute food to hunger-relief organizations feeding people in Columbiana, Mahoning and Trumbull counties; and to provide education and advocacy.

OUR VISION

Second Harvest Food Bank of the Mahoning Valley believes that no one should go hungry and is dedicated to building a community that makes food accessible to all people.

CHARITY RATING

The Food Bank holds a 4-star rating from Charity Navigator, America's largest and most-utilized independent evaluator of charities. A 4-star rating is Charity Navigator's highest rating.



This edition covers the time period of January through March 2024.



Second Harvest Food Bank

of the Mahoning Valley



A NOTE OF THANKS

from Michael Iberis, Executive Director

We would like to extend the warmest THANK YOU to all who made the holiday season a little brighter for our friends and neighbors in the Mahoning Valley. Food insecurity isn't seasonal, it can be an everyday occurrence for once-stable individuals and families, senior citizens on limited incomes and some facing medical hardships or unexpected repair bills. Often, the food budget is the first thing people try to adjust. Our network of 160 partners is a lifeline that means the difference between going hungry and having a nutritious meal.

Over 10.5 million pounds of food was distributed in 2023, including over 2.4 million pounds of fresh fruits and vegetables. That is one million more pounds than in 2022, sadly exhibiting the need for food assistance is not decreasing. A staggering average of 18,000 people were helped each week in our tri-county area, with 29% of that number being children and 25% seniors.

In this edition of our quarterly newsletter, you will see more statistics from the impact we all made together during 2023. You'll see how huge packages of unboxed, unbagged cereal are processed by several groups of volunteers on page 5. An exciting announcement about a new school pantry is on page 4. We spotlight a few more of our regular, weekly volunteers on page 7. Please see our upcoming special events on page 6.

We are incredibly thankful to have the outpouring of support from our community as we work together to give a helping hand to our neighbors who rely on us for food. I truly believe the Mahoning Valley has the most caring and generous people, one of the many reasons I am proud to be a resident. On behalf of our board of directors, staff, volunteers and myself, we thank you for your kindness and support.

With Gratitude,
Mike

WAYS TO DONATE

Make a safe, secure monetary donation to help feed hungry families in our community by visiting **mahoningvalleysecondharvest.org** or scanning the QR code at right with your smart phone camera.

Make a food donation. The food bank is always in need of peanut butter, cereal, tuna fish, canned fruit and vegetables, dry pasta and more.



It is the policy of Second Harvest Food Bank to maintain the highest level of confidentiality with respect to donor information. We will not share donor names, addresses or fund-related financial information with organizations outside of the Food Bank. From time to time, donor names may be listed in Food Bank publications, but only after written notification is provided. In all cases, donors are given the option of remaining anonymous.

2023 Statistics

WITHOUT YOU, NONE OF THIS WOULD BE POSSIBLE

10.5M

POUNDS OF FOOD
WAS DISTRIBUTED

Of the over 10.5 million pounds of food distributed, over **2.4 million** pounds were fresh fruits and vegetables.

THIS EQUATES TO



8,750,000
total meals



168,269
meals per week



928,135
food assistance

Of the people provided food assistance, 29% were children, 25% were senior citizens.

10,624

DONATED HOURS OF
VOLUNTEER TIME AT
THE FOOD BANK

1,406 volunteers give their time each month to our 160 partners to help distribute food in our tri-county area.

160

PARTNERS

Nearly **18,000 people** received food each week from our partners, which include our pantries, meal sites and senior programs.

36,849

AMOUNT OF
TIMES STUDENTS
VISITED OUR
SCHOOL PANTRIES

Our monthly Mobile Pantry in Goshen Township helped provide food to **859 households**. Our Special Mobile Pantries held in other areas, including East Palestine, provided food to over **7,800 people**.





Kira McAfoose



Great Clips



Youngstown Community School



#1 Cochran



Goonfit Powerlifting



Environmental Design Group



Scottish Rite

Thank You

TO OUR HUNGER CHAMPIONS

FOOD & FUNDS DRIVES

With gratitude, we thank those who contribute to help us feed hungry families in Columbiana, Mahoning and Trumbull counties.

- #1 Cochran**
\$6,050 from employees' holiday donations
- Ancient Accepted Scottish Rite - Valley of Youngstown**
\$1,040
- Austintown Fitch High School Interact Club**
3,154 pounds of food
- Canfield Presbyterian Church**
\$625.61 and 163 pounds of food
- Environmental Design Group**
340 pounds of food
- Famous Enterprises**
\$2,600 through Famous Gives Back
- Goonfit Powerlifting**
\$505 and 92 pounds of food
- Great Clips locations**
\$1,000 from clients who donated funds from services

- Kidstown**
209 pounds of food
- Kira McAfoose**
cake baking kits for pantries
- The Ron Russo Foundation's Golf Outing**
\$1,000
- Upper Room Ministries**
390 pounds of food
- Youngstown Community School Student Council**
2,062 pounds of food in one week

GRANTS

- Chick-fil-A**
\$25,000 for school pantries
- First Lady's Charitable Foundation**
\$15,000 food for hungry families
- J. Ford Crandall Memorial Foundation**
\$25,000 for warehouse addition

New School Pantry at Hubbard High School

Students in the Hubbard School District now have access to an on-site food pantry. The project was started by the Cody A. Pitts Foundation which donated \$5,000 to address food insecurity among students.

The district will partner with Second Harvest Food Bank to buy food at discounted rates, ensuring the pantry remains well-stocked. Students will be able to utilize the pantry to grab a snack throughout the day or bring food home, even over the weekends. The pantry will also let students work inside, giving them a chance to learn life skills.





IN-KIND CONTRIBUTORS

Thank you to the companies that contribute in-kind services. Your efforts are truly appreciated and are making a difference to those without enough food to eat.

VOLUNTEER GROUPS

Imagine walking into the Food Bank's warehouse and seeing several six-foot tall, wrapped bales of cereal! Second Harvest received a donation of 10,693 pounds of Corn Flakes. Each bale is opened carefully and poured into a smaller lined tote to scoop into a labeled, heat sealed, 16-ounce bag and placed in a box holding 16 bags. The boxes are taped and ready to go out to our partners to distribute. This was quite an under-taking and we are grateful not only to our regular, weekly volunteers, but to our volunteer groups that came in to lend a hand.

Geotechnical Consultants

289 bags of grapefruit

GetGo

496 bags of cereal

Giant Eagle

688 bags of cereal

Guidelight Financial

342 bags of grapefruit and 30 food boxes

State Farm

656 bags of cereal



Special Events

SECOND ANNUAL GOLF OUTING

We're excited to announce the return of our Golf Outing for its second year! We invite you to our upcoming Swing For Charity Golf Outing, an 18-hole golf scramble, benefiting Second Harvest Food Bank of Mahoning Valley. The event will be held Tuesday, June 4, 2024 at Youngstown Country Club. While we encourage you to join us for a day of golf, we also ask that you consider sponsorship of the event. Your support will directly benefit those in need in Columbiana, Mahoning and Trumbull counties. For every \$1 raised, we can distribute \$10 worth of food or enough for five meals.

Golf Package

Includes four-person, 18-hole scramble and cart, entry to hole prizes, lunch before round, dinner, on-course refreshments, raffle and awards. You could even win a car donated by Rob Fellman's Boardman Subaru for a hole-in-one! Price is \$800 per foursome.

Become a Sponsor

Individual and company sponsorships are available, including hole sponsors, plus platinum, gold and silver levels.

We hope to see you at this year's event and thank you for your consideration and continued support. If you have questions, would like to register your group or secure a sponsorship, please call Renee Fuller at 330.792.5522.



SPRING INTO GIVING

Stambaugh Chorus and the Youngstown Area Community Concert Band present the Spring Into Giving Concert.

Held on Sunday, June 2, 2024 at 3pm at the Judge Morley Pavillion at the Wick Recreation Area located in Mill Creek MetroParks, this special concert will benefit Second Harvest Food Bank.

Cost of admission is a donation of canned goods or nonperishable items. For additional information, please visit yaccb.org.

Second Harvest Stars

THANK YOU FOR YOUR GENEROSITY



AUDREY MCKINNEY

Audrey has been a volunteer since September of 2023. She's supported Second Harvest Food Bank financially over the years, but wanted to support in another way. She's now a volunteer at the front desk and in Repack. Audrey's enjoyed meeting and getting to know everyone, learning their stories and seeing their smiles and appreciation after helping them in little ways. Audrey is a mother to two sons, a grandma of two and in her spare time, she enjoys gardening, reading, hiking and biking. She also serves as a driver for Meals on Wheels. Before volunteering, Audrey was a Business Analyst at Anthem Blue Cross/Blue Shield Insurance. We appreciate all she does!



LIZ AND VIC DELLIGATTI

Liz and Vic, married for 20 years, heard great things about Second Harvest Food Bank and knew it would be a great place for them to volunteer; they've been volunteering since September, 2023. For them, it feels good to have a sense of purpose and help those in need and it reminds them of how fortunate they are. Before starting their volunteering journey, Liz was an HR/Benefits Administrator, Vic was a Senior Systems Analyst and they are both now retired. When they aren't volunteering, Liz enjoys reading, baking and camping and Vic enjoys bicycling, camping and computers; he's also a Spinning instructor. They have two children and two grandchildren and together they raise their 12 year-old grandson. "There is no hard part of volunteering when you enjoy the people you work with and are doing something you know will help others!"





WHERE THE FOOD COMES FROM

- Growers
- Manufacturers
- Community Food Drives
- Distributors
- Retailers



SECOND HARVEST FOOD BANK

Storehouse of food for our friends and neighbors facing hunger.



FOOD IS DISTRIBUTED

- Food Pantries
- Meal Sites
- Homeless Shelters
- Senior Programs
- Youth Programs
- Residential Programs



FRIENDS & NEIGHBORS FACING HUNGER

- Families with Low Incomes
- Elderly
- Homeless
- Victims of Domestic Violence
- Children
- People with Disabilities
- Veterans

Call the Food Bank at 330.792.5522, or visit our website at mahoningvalleysecondharvest.org for additional information.

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Second Harvest Food Bank

of the Mahoning Valley



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Youngstown, OH 44509

NON-PROFIT ORG.
U.S. POSTAGE PAID
PERMIT NO. 526
YOUNGSTOWN, OH



MAKE A DIFFERENCE

Help feed hungry people in Columbiana, Mahoning and Trumbull counties.

- 1** conduct a food drive at your office, place of worship, school or neighborhood
- 2** support food drives & fundraisers call us or visit our website for information
- 3** make a monetary donation at mahoningvalleysecondharvest.org or use the envelope attached
- 4** volunteer call Penny for more information 330.792.5522 ext. 102

ITEMS THE FOOD BANK IS ALWAYS IN NEED OF

Peanut butter • Cereal • Tuna fish • Canned vegetables • Canned fruit • Dry pasta

